

# 2024 Central Missouri Mule Relays

**Date:** Friday April 12th, 2024

**Site:** University of Central Missouri at Walton Stadium

**Time:** Field Events at 12:00 PM

Running Events at 1:30 PM

- Entries Process:**
1. Entries are due no later than **Tuesday April 9<sup>th</sup> by 7:00 PM** at [Direct Athletics](#). This is an open competition; unattached athletes are welcome. The entry site will require marks from 2023 and 2024 season. Speculative marks will require supporting documentation to be accepted.
  2. The accepted entries will be e-mailed and available on Wednesday April 10<sup>th</sup>
  3. Heat Sheets will be e-mailed and available on Thursday April 11<sup>th</sup>.
  4. No changes will be allowed on the day of the meet.

**Field Sizes:** Due to the large field sizes in recent years, Central Missouri have listed the following desired field sizes to comply to our time schedule.

Events	Accepted Entries
SP, Dis, HT, JT, LJ, TJ	Top 36 entry marks
PV, HJ	Top 24 entry marks
100H, 110H, 100m	Unlimited entries
200m	Top 80 entry marks
400m, 400H, 800m, 1500m, 5000m	Top 48 entry marks
3000m Steeplechase	Top 36 entry marks
10,000m	Top 24 entry marks
4x100m, 4x400m	Unlimited entries
<b>*Central Missouri reserves the right to adjust the accepted entries and accept UCM Track athletes into Mule Relays.</b>	

**Heat/Flight Sheets:** [Click Here](#) **Accepted Entries:** [Click Here](#) – Revised after Scratches

**Entry Fee:** \$300.00 per team, or \$25.00 per individual. A men's and women's team count as two teams. Entry Fee is based on your declared entry, so please scratch all non-competing athletes before the declaration deadline.

**Track** Due to space restrictions in our stadium, our Track is 385 meters in length from common start to common

**Facilities:** finish in lane 1. Lane three is 400 Meters. The 800m Run and 4x400m Relay will start in lanes and break to lane three. Races of 1500m and longer will be run in lanes 3-8 on a waterfall start. The common start and finish are in the Northeast corner of the Stadium. All sprints and jumps will be run with a tailwind.

**Throwing** All throwing events will be contested at our throws complex located 300 Meters West of the Stadium

**Area:** (corner of W King & S Warren St.). All implements will be weighed in the red shed at the Throwing Complex. The Javelin runway is located west of the Hammer/Shot area.

**Jumps** **High Jump:** is located at the north end of the stadium.

**Area:** **Long Jump, Triple Jump and Pole Vault:** Are located 300 meters west of the stadium, just north of our Throws complex (W King St). Be aware of conflicts that may arise due to distance between our Jumps area and the Track when making entries. Jump Officials will be so informed of conflicts.

**Additional** Kirk Pedersen (660)-543-8309 [pedersen@ucmo.edu](mailto:pedersen@ucmo.edu)

**Information:** Kip Janvrin (660)-543-4254 [janvrin@ucmo.edu](mailto:janvrin@ucmo.edu)

**Entry Info:** Rich Schilling (314)-522-6176 [rich@trxctiming.com](mailto:rich@trxctiming.com)

**Revised Time Schedule – [Click Here](#)**