



Wildcat Varsity Invitational

Hosted by Wright City HS

April 11, 2024

Teams competing: Wright City, Christian High, Clopton, Community, Elsberry, Louisiana, Orchard Farm, Silex, St. Charles, St. Charles West, Timberland, The Fulton School, Warrenton, Winfeild, Valley Park, Van-Far

1. Coaches Meeting: 3:00pm at the Finish Line
2. Track Time: Field Events 3:30 & Running Events 4:00
3. Games Committee – Wright City, Warrenton and Winfield
4. Entry Fee \$125 per girls team, \$125 per boys team or \$15.00/athlete if the team consists of 5 or less athletes.
5. Buses will park by practice fields opposite of the field house.
6. Enter athletes in mo.milesplit.com no later than **Tuesday April 9th at 9:00am**
7. ¼ inch spikes or less
8. Athletes are limited to 4 events
9. Schools are limited to 2 entries per event, 1 per relay.
10. Scoring – we will score 8 places in all events (10-8-6-5-4-3-2-1)
11. Awards – Top 6 in individual events and top 3 relay teams will receive medals. Plaques for the top team in Boys and Girls.
12. Medals and results will be given to the coaches at the end of the meet.
13. We will have a certified trainer present at the event.
14. Restrooms are by the concession stand. Athletes should come dressed. **The High School is off limits.**
15. We will have a concession stand open and available throughout the meet.
16. Team camp can be in grass space outside of the track. We will save the bleachers for family and fans.
17. Spikes are not permitted in the bleachers.
18. **Please make sure no one is on the infield for any reason.**
19. Competitors must wear official school uniforms.
20. We will provide starting blocks.
21. Starting height for high jump and pole vault will be determined by the games committee.
22. A gate entry fee of \$3.00 for adults and \$2.00 for students will be in effect for all spectators.
23. **Meet Program:** [Heat/Flight Sheets](#)

If you have any entries questions feel free to reach out to Paul Golian Paul@trxctiming.com

Field Events – 3:30

Girls discus followed by boys 4 throws 2+2

Boys shot put followed by girls 4 throws 2+2

Boys long jump

triple jump on the West runway

Girls long jump followed

Triple Jump on the East runway 4 jumps

Boys Pole Vault followed by girls

Girls High Jump followed by boys

Javelin boys followed by girls

Running Events – 4:00 Bullpen is located at the North end of track

4 x 800 Meter Relay

100/110 Hurdle meter

100 meter dash

4 x 200 relay

1600 meter race

4 by 100 meter relay

400 meter dash

300 intermediate hurdles

800 meter run

200 meter dash

3200 meter run

4 by 400 meter relay