

2012 KNIGHT BOYS & GIRLS INVITATIONAL

Hosted by Triad High School @ Principia College

Saturday, February 25th

- SUBJECT:** 1st Annual Knight Indoor Invitational
Hosted by Triad High School
- LOCATION:** Principia College, 1 Maybeck Pl, Elsah, IL 62028
- SCHOOLS INVITED:** Civic Memorial, Highland, Jerseyville, Mascoutah, Triad, Waterloo
- ENTRIES:** 1. **Entries are due Wednesday, February 22nd, at 12:00 midnight.** All entries must be completed on-line at [Online Entry Form](#) **Coaches should enter all athletes as Varsity for their Division.**

Entry is three step process:

New User

- Create an Account and claim your team code
- Entry your roster (Under Track and Field)
- Entry athletes your into their events

Returning Using

- Update your account
- Update your roster
- Entry your athletes in their events

If you have problems or are a new coach, please call 314-522-6176 for assistance.

- Three individuals per event (55 Dash/Hurdles you may enter eight varsity and eight F/S) and one varsity and one F/S team in each of the 800, 1600 and 3200 relay events.
- Please enter athletes only in events they plan on competing. This keeps our costs down and therefore keeps your entry fees down.
- You may have substitutions; however, names will stay as entered. Times/Marks will be given under the original name of entry for event.

SCRATCHES/ CHANGES:

Coaches can manage their entries until Friday, February 24 at 8:00 pm. [Scratches/Changes](#)

PERFORMANCE LIST:

[Performance List](#)

ENTRY FEE:

\$150.00

ADMISSIONS:

\$5.00 for adults and \$3.00 for students

SCORING:

No scoring

AWARDS:

T-shirt to each event Champion by Kelly Tracy T-shirt Design

TIMING:

F.A.T. Provided by Chris Arnold and Endurance Race Timing

CONCESSIONS:

A concession stand will be open.

SHOES:

Track & Field Shoes and Apparel will be on sale through Toolen's Running Start. Tell your athletes to bring money if they need new racers, trainers, or spikes.

TRAINER:

On site

STARTER:

Pete Tucker

FACILITY:

6-lane 200 meter mondo surface track (w/ 8-lane 55M straightaway)

FIELD EVENT ASSIGNMENT:

LONG JUMP: Triad **TRIPLE JUMP:** Civic Memorial/Mascoutah

HIGH JUMP: Waterloo Memorial **POLE VAULT:** Highland **SHOT PUT:** Jersey

WEBSITE

QUESTIONS:

Rich Schilling – rich@trxctiming.com – 314-522-6176

2012 KNIGHT BOYS & GIRLS INDOOR INVITATIONAL

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9:00 (G/B) LJ Cafeteria 60 minutes, 4 jumps
(G/B) TJ Cafeteria 60 minutes, 4 jumps

9:00 Girls High Jump Start @ 4'4"
Boys High Jump Start @ 5'4"

9:00 Girls PV Start @ 6'0"
Boys PV Start @ 7'0"

9:00 Girls SP 4 throws, no finals
Boys SP 4 throws, no finals

-----**PRELIMS BEGIN @ 9:15**-----

9:15 55M Dash Prelims (F/S) (G/B) Top 8 to finals
55M Dash Prelims (Var) (G/B) Top 8 to finals
55HH Prelims (F/S) (G/B) Top 8 to finals
55HH Prelims (VAR) (G/B) Top 8 to finals

-----**15 MINUTE BREAK**-----

55M Dash Finals (F/S) (G/B) 1 Heat
55M Dash Finals (VAR) (G/B) 1 Heat
55M HH Finals (F/S) (G/B) 1 Heat
55M HH Finals (VAR) (G/B) 1 Heat
F/S-4x800 (G/B) 1 Heat
V-4x800 (G/B) 1 Heat
F/S-4x200 (G/B) 1 Heat
V-4x200 (G/B) 1 Heat
800 (G/B) 1 Heat
400 (G/B) 2 Heats
200 (G/B) 2 Heats
1600 1 Heat
F/S-4x400 1 Heat
V-4x400 1 Heat

GIRLS AND BOYS VARSITY 4x400 WILL BE A "ROCK THE FIELD HOUSE 4x4." WE WILL PLAY MOTIVATIONAL MUSIC DURING EACH VARSITY 4x4.

THE MEET WILL BE ON A ROLLING SCHEDULE

***Brian Weiss, Head Boys & Girls Track & Field Coach
Triad High School***

brian.weiss@triadunit2.org

618.267.6972