TRENTON HIGH SCHOOL TRACK & FIELD
Early Bird Meet – April 1, 2021

GENERAL INFORMATION

*Coaches Meeting 3:30 * Javelin 3:15 *Other Field Events 3:45 *Running Events 4:30

Please complete online entries at MoMileSplit.

Each school is allowed **(3)** individuals per event and **(1)** relay team. There will be no preliminaries.

AWARDS

No awards or medals given.

SCORING

Points will be scored 10-8-6-4-2-1

ADMISSION

$4.00 for adults and $3.00 for students

TRACK INFO

The track is an all-weather surface with a structural top spray. There are six lanes with a bullpen, and the straightaway is now on the north side of the complex. Spikes must be 1/8" to 3/16". Starting blocks will be provided.

ENTRY FEE

No Entry Fee for Early Bird

TEAMS: Trenton, Carrollton, Brookfield, Milan, Putnam Co., Princeton, Gallatin

FIELD EVENT FINALS

3:15 Javelin (boys and girls will throw simultaneously on football practice fields west of high school)/ High Jump(boys followed girls)

3:45 Triple Jump – Girls Followed by Boys
You will have one hour to complete four jumps. There will be only first call

3:45 Long Jump – Boys Followed by Girls
You will have one hour to complete four jumps. There will be only first call

3:45 Shot Put Girls followed by Boys
Four throws, no finals. (***Athletes may not throw before meet officials arrive)***

3:45 Discus Boys followed by Girls
Four throws, no finals. (***Athletes may not throw before meet officials arrive)***

3:45 Pole Vault Girls followed by Boys

ORDER OF RUNNING EVENTS

4:30	2 MILE RELAY (4 X 800)	Girls followed by Boys
	100 M HIGH HURDLES (110 FOR BOYS)	"
	100 M DASH	"
	800 M RELAY (4 X 200)	"
	1600 M RUN	"
	400 M RELAY (4 X 100)	"
	400 M DASH	"
	300 M L H	"
	800 M RUN	"
	200 M DASH	"
	3200 M RUN	"
	1600 M RELAY (4 X 400)	"

We will not have a throwers relay.