



Tarkio High School

TARKIO HIGH SCHOOL Little Indian Relays Tuesday, April 24, 2012

- Meet Director:** Doug Miller – 660-736-4118 - mildou@tarkio.k12.mo.us
- Coaches Meeting:** There will be a coaches meeting at 3:30 p.m. for scratches only, **absolutely no additions or substitutions** with field events starting at 4:00 p.m. Track events should begin by 4:30 p.m.
- Entries:** Entries are due Monday, April 23, 2011 by 12:00 noon at [Online Entry Form](#)
Coaches use Middle School for your athlete's Division
- Two entries per individual event, one in each relay, four events maximum per athlete-maximum of three running events
- Scratches/Changes:** Coaches can manage their roster until Tuesday, April 24 at 12:00 Noon [Scratches/Changes](#)
- Performance List:** [Performance List](#)
- Flight/Heat List:** [Flight/Heat List](#)
- Time Schedule:** [Time Schedule](#)
- Spikes:** The track, long, triple, and high jump are all weather surfaces, therefore, **only 1/8 inch spikes** will be allowed. **There will be no tape allowed on the track or runways. You will need to bring tennis balls or tongue depressors with athletes' names on them to place along the runways. We will try to have some tongue depressors in case you forget. Please make sure your athletes know about this.**
- Throwing Events:** The throwing surfaces for the discus and shot put are concrete
- Team Camps:** Camps are to be outside the fence. Please tell your athletes to NOT jump the fence. There are gate available to get on the track.
- Awards:** Medals will be placed in packets and may be picked up by coaches at the conclusion of the meet. Medals will be awarded for all six places in both individual and top (3) relay events. Ribbons will be awarded for places four through six in the relay events. Championship and runner up trophies will be awarded in both boys and girls divisions.
- Entry fees:** \$40 for individual teams and \$80 per school. Teams with seven or less athletes may pay a \$7.00/athlete fee. The fees may be sent to me or brought to the meet.
- Questions:** Doug Miller – 660-736-4118 - mildou@tarkio.k12.mo.us
- Website Questions:** Rich Schilling – 314-522-6176 - rich@trxctiming.com