

1978-2013 MSHSAA Girls State Track Meet Top 20 List

Triple Jump

1	Deirdre Fortman	Park Hill	4A	1995	40-09 1/4
2	Kathryn Coleman	Gateway	4	2004	40-03 1/4
3	Ahshane Johnson	Moberly	3	2010	40-02 3/4
4	Pam Cummings	Ray-Pec	3A	1993	40-01
5	Nataliyah Friar	Wentzville Holt	4	2011	39-11 1/4
6	Leandra McGruder	Jefferson City	4	2006	39-09 3/4
7	Leandra McGruder	Jefferson City	4	2005	39-07
8	Leandra McGruder	Jefferson City	4	2004	39-06
9	Eziamaka Okafor	Rolla	4A	2002	39-05 3/4
10	Jade Nalls	Raytown South	4	2010	39-04
11	Deirdre Fortman	Park Hill	4A	1994	39-03 1/2
12	Nataliyah Friar	Holt	4	2012	39-01 1/2
13	Nataliyah Friar	Holt	4	2012	39-00 3/4
14	Andrea Bourland	Clinton	3A	1993	39-00 1/4
15	Lisa Davies	Oak Grove	3A	1993	38-11 3/4
16	Annette Wichman	Lee's Summit North	4A	2002	38-09 1/2
17	Angie Brown	Fulton	3A	1993	38-09
18	Paige Nelson	Parkway Central	4	2013	38-08 3/4
19	Deirdre Fortman	Park Hill	4A	1993	38-08
19	Iris Walker	Waynesville	4A	1981	38-08

Wind-Aided

Jade Nalls	Raytown South	4	2008	39-03 1/2w
Eziamaka Okafor	Rolla	4A	2001	39-02 1/2w
Morgan Reid	North Kansas City	4	2009	39-00w
Jalexis Peterson	KC Lincoln	3	2009	38-11w
Morgan Reid	North Kansas City	4	2008	38-09 1/2w

Class Records

Class 1	Amy Davis	King City	1998	37-07
	Angel Hunsaker	North Andrew	1993	37-04 1/2
	Shelly Powell	Brunswick	1987	37-04 1/4
	Cindy Critten	Gallatin	1996	36-10 1/2
	Marcy Ruckman	Worth Co.	1996	36-07 3/4
Class 2	Courtney Shuman	Clark Co.	2007	37-11 1/4
	Lisa Ellis	Elsberry	1983	37-11
	Phabienne Parker	Whitfield	2001	37-09 3/4
	Cassie Bryant	Dixon	1988	37-07 3/4
	Cassie Bryant	Dixon	1989	37-04 3/4
	Jelessa Stafford	Lexington	2007	37-04 3/4
Class 3	Ahshane Johnson	Moberly	2010	40-02 3/4
	Pam Cummings	Ray-Pec	1993	40-01
	Andrea Bourland	Clinton	1993	39-00 1/4
	Lisa Davies	Oak Grove	1993	38-11 3/4
	Angie Brown	Fulton	1993	38-09

Wind-Aided

Jalexis Peterson	KC Lincoln	2009	38-11w
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Class 4	Deirdre Fortman	Park Hill	1995	40-09 1/4
	Kathryn Coleman	Gateway	2004	40-03 1/4
	Nataliyah Friar	Wentzville Holt	2011	39-11 1/4
	Leandra McGruder	Jefferson City	2006	39-09 3/4
	Leandra McGruder	Jefferson City	2005	39-07