

1975-2013 MSHSAA Girls State Track Meet Top 20 List

Discus

1	Amarachi Ukabam	Marquette	4A	2001	165-01
2	Katie Evans	Putnam Co.	2	2009	160-05
3	Amarachi Ukabam	Marquette	4A	2002	156-07
4	Denise Buchanan	Glendale	4A	1983	153-04
5	Megan Collins	Lee's Summit North	4	2008	153-02
6	Rickeal Roach	Lutheran South	3	2007	152-09
7	Heather Jenkins	Cape Central	4A	2001	152-05
8	Jill Rushin	Jackson	4	2010	152-00
9	Cydnee Reese	Bishop O'Hara	3	2013	151-10
10	Loren Groves	Scott City	2	2004	151-07
10	Becky Haug	Lee's Summit North	4A	2002	151-07
12	Hope Harris	Clinton	3	2005	151-04
13	Brittany Borman	Festus	3	2007	150-05
14	Hope Harris	Clinton	3	2006	148-05
15	Denise Buchanan	Glendale	4A	1982	148-03
16	Nicole Chester	Parkway West	4A	1989	146-11
17	Hope Harris	Clinton	3	2007	146-09
18	Krishna Lee	Bishop O'Hara	3	2005	146-08
19	Jill Rushin	Jackson	4	2009	146-03
20	Dion McNeal	Parkway West	4A	1999	146-01

Class Records

Class 1	Victoria Foley	McAuley	2013	128-09
	Nancy Brandt	Fairfax	1982	128-02
	Carrie Talbot	Jasper	2006	125-04
	Katie Scherer	Crest Ridge	2000	124-07
	Nancy Brandt	Fairfax	1981	123-02
	Cortney Vie	Lone Jack	2004	123-02
Class 2	Katie Evans	Putnam Co.	2009	160-05
	Loren Groves	Scott City	2004	151-07
	Jennifer Nicholson	East Prairie	2010	144-06
	Loren Groves	Scott City	2003	143-11
	Katie Evans	Putnam Co.	2008	140-01
Class 3	Rickeal Roach	Lutheran South	2007	152-09
	Cydnee Reese	Bishop O'Hara	2013	151-10
	Hope Harris	Clinton	2005	151-04
	Brittany Borman	Festus	2007	150-05
	Hope Harris	Clinton	2006	148-05
Class 4	Amarachi Ukabam	Marquette	2001	165-01
	Amarachi Ukabam	Marquette	2002	156-07
	Denise Buchanan	Glendale	1983	153-04
	Megan Collins	Lee's Summit North	2008	153-02
	Heather Jenkins	Cape Central	2001	152-05