

1975-2013 MSHSAA Girls State Track Meet Top 20 List

Mile/1600 Meters

1	Megan Thompson	Hazelwood Central	4A	1989	4:47.53
2	Andrea Fischer	Hannibal	4A	1981	4:47.56
3	Megan Thompson	Hazelwood Central	4A	1990	4:48.86
4	Megan Thompson	Hazelwood Central	4A	1988	4:49.50
5	Hannah Long	Eureka	4	2013	4:49.53
6	Merideth Snow	Eureka	4	2006	4:49.82
7	Susan Bliss	Francis Howell	4A	1988	4:50.85
8	Alyssa Allison	Festus	3	2008	4:51.70
9	Emily Sisson	Parkway Central	4	2009	4:52.15
10	Colleen Quigley	Nerinx Hall	4	2011	4:52.17
11	Liga Blyholder	Lee's Summit West	4	2010	4:52.26
12	Taylor Werner	Ste. Genevieve	3	2013	4:52.52
13	Liga Blyholder	Lee's Summit West	4	2009	4:54.36
14	Colleen Quigley	Nerinx Hall	4	2010	4:54.90
15	Rebecca Davis	Parkway West	4A	1993	4:55.11
16	Cydney Ross	Villa Duchesne	3	2008	4:55.23
17	Samantha Nightingale	Blue Springs South	4	2012	4:56.06
18	Liz Reid	Springfield Kickapoo	4	2011	4:56.42
19	Diane Robison	Parkway Central	4	2009	4:56.50
20	Ashley Sanders	Clinton	3A	2002	4:56.61

Class Records

Class 1	Darla Curp	Polo	1981	5:11.14
	Amanda Gray	Rock Port	2005	5:15.58
	Lisa Stone	Clopton	1986	5:15.81
	Olivia Francka	Halfway	2009	5:16.47
	Amy Gangloff	Wellsville-Middletown	2009	5:19.02
Class 2	Amber Warren	Lutheran (St. Peters)	2005	5:01.93
	Gwen Williams	Principia	1992	5:03.00
	Courtney Rogers	Lutheran (St. Peters)	2013	5:05.57
	Meagan Hudson	Crystal City	2006	5:05.99
	Heather Burroughs	Pembroke Hill	1992	5:06.79
Class 3	Alyssa Allison	Festus	2008	4:51.70
	Taylor Werner	Ste. Genevieve	2013	4:52.52
	Cydney Ross	Villa Duchesne	2008	4:55.23
	Ashley Sanders	Clinton	2002	4:56.61
	Katherine Hoffman	Notre Dame (KC)	2000	5:00.91
Class 4	Megan Thompson	Hazelwood Central	1989	4:47.53
	Andrea Fischer	Hannibal	1981	4:47.56
	Megan Thompson	Hazelwood Central	1990	4:48.86
	Megan Thompson	Hazelwood Central	1988	4:49.50
	Hannah Long	Eureka	2013	4:49.53