



2017 MSHSAA Class 4 & 5; District 8 Track & Field Championships
Park Hill District Stadium – Saturday, May 13, 2017
Time Schedule (MSHSAA suggested times)



8:00 Coaches Meeting in the Congress Gym

Pole Vault – we will roll this schedule allowing 30 minutes of warmup between events

8:30 – 10:30	11:00 – 1:00	1:30 – 3:30	4:00 – 6:00
B Pole Vault (C5)	B Pole Vault (C4)	G Pole Vault (C5)	G Pole Vault (C4)

Field Events - 1 hour allowed for preliminaries, top 9 to finals – 30 minutes allowed for finals in reverse order. Long Jump and Triple Jump will have cafeteria style preliminaries

9:00 – 10:30	11:00 – 12:30	1:00 – 2:30	3:00 – 4:30
B Triple Jump (C4)	B Triple jump (C5)	G Triple Jump (C4)	G Triple Jump (C5)
G Long Jump (C5)	G Long Jump (C4)	B Long Jump (C5)	B Long Jump (C4)
B Shot put (C5)	B Shot Put (C4)	G Shot Put (C5)	G Shot Put (C4)
G Discus (C4)	G Discus (C5)	B Discus (C4)	B Discus (C5)
B Javelin (C5)	B Javelin (C4)	G Javelin (C5)	G Javelin (C4)
G High Jump (C4)	G High Jump (C5)	B High Jump (C4)	B High Jump (C5)

Preliminary Running Events (Class 5 followed by Class 4)

10:30	Girls	100 meter hurdles	Prelim
10:45	Boys	110 meter hurdles	Prelim
11:00	Girls	100 meter dash	Prelim
11:15	Boys	100 meter dash	Prelim
11:30	Girls	4x800 meter relay (C5)	Final Box Alley
11:42	Boys	4x800 meter relay (C5)	Final Box Alley
11:54	Girls	200 meter dash	Prelim
12:06	Boys	200 meter dash	Prelim
12:18	Girls	4x800 meter relay (C4)	Final Box Alley
12:30	Boys	4x800 meter relay (C4)	Final Box Alley

Final Running Events (Class 5 followed by Class 4)

12:50	Girls	100 meter hurdles	Final
12:55	Boys	110 meter hurdles	Final
1:00	Girls	100 meter dash	Final
1:05	Boys	100 meter dash	Final
1:10	Girls	4x200 meter relay	(Heats vs. Time)
1:24	Boys	4x200 meter relay	(Heats vs. Time)
1:38	Girls	1600 meter run	Box Alley
1:58	Boys	1600 meter run	Box Alley
2:18	Girls	4x100 meter relay	(Heats vs. Time)
2:30	Boys	4x100 meter relay	(Heats vs. Time)
2:45	Girls	400 meter dash	(Heats vs. Time)
3:00	Boys	400 meter dash	(Heats vs. Time)
3:15	Girls	300 meter hurdles	(Heats vs. Time)
3:30	Boys	300 meter hurdles	(Heats vs. Time)
3:45	Girls	800 meter run	Box Alley
3:58	Boys	800 meter run	Box Alley
4:11	Girls	200 meter dash	Final
4:17	Boys	200 meter dash	Final
4:23	Girls	3200 meter run	Box Alley
4:50	Boys	3200 meter run	Box Alley
5:15	Girls	4x400 meter relay	3 turn stagger (Heats vs. Time)
5:35	Boys	4x400 meter relay	3 turn stagger (Heats vs. Time)