

General Rules:

Sectional Notes/Information:

Bus Parking: All buses will be directed to the East parking lot for team drop off and parking. Please do not drop off teams in front of the DAC.

Bullpen: This will be located at the North end of the home straight away. The only way onto the track and field will be via the Northwest gate or the South east gate. **Athletes must have their assigned athlete number on the front of their uniform. Pole vaulters may wear numbers on the back.**

Track and Field Supervision: All personnel other than contestants who are participating in the meet shall stay off the track and infield. This includes coaches. Athletes are asked to stay off the field until it is time to warm-up for their event. Only those coaches/supervisors working the meet will be allowed on the field **except** in the designated coaching areas for field events.

Spikes: Only 3/16-inch pyramid spike or smaller are allowed.

Tape or Markings: Please use tennis balls on the track and all runways. No tape please.

Team Tents: Tents, as well as team camps, will be allowed only on the east side of the stadium behind the bleachers or in the bleachers. NO TENTS OR TEAM CAMPS IN THE WEST BLEACHERS (the main grandstand), which are reserved for spectators only.

Coaches Meeting: A coaches meeting will be held prior to the start of all sectional meets. **Please be at the south concession /soccer locker rooms promptly at 10 a.m.** All head coaches are required to attend.

Games Committee/Jury of Appeals: Troy Harding, Blue Springs South boys; Kris Solsberg, LS North boys; Dan Davies, Liberty boys; Mike Spiegel, Lee's Summit girls; JD Snead, Fort Osage girls.

Meet Officials:

Meet Directors – Kevin Whaley/Mark Mundell (Staley AD)

Meet Referee – Todd Warner (Head Staley Coach)

Starters – Kevin Harrison, Terry Keaton, Don Bauml

Bullpen Clerk – Fred Bouchard

Head Field Event Judge- Vic Parkhurst

Implement Inspector – Philip Lite

PA Announcer – Ken Corum

Staley High School AD – Mark Mundell

Finish Line – Gary Parker, Jim Hughes, Cain O'Conner

Weigh-ins: This will be located in the north end of the press box in photographers' bay. Weigh-ins will take place between 9:00 a.m. and 10:45 a.m.

Trainer: There will be a trainer on site. **However, it is important that teams bring their own training supplies for the trainer to use.** Staley cannot supply these for all the athletes!

T-shirts: Sectional shirts will be available at the concession area. \$12-\$15. Cash only.

Admission: \$5 Adults and students; age 5 and under free.

2011 Class 4 Sectional Duties/Assignments

Timers/Pickers (Must be a Coach)

1	BS South	KC Central
2	Raytown South	Oak Park
3	LS West	Truman
4	LS North	Liberty
5	Lee's Summit	Park Hill South
6	Raytown	Winnetonka
7	St. Teresa's	William Chrisman
8	Belton	Kearney

Field Events (Must be a Coach)

Boys Shot Put – Rockhurst

Girls Shot Put – North Kansas City

Boys Discus – Lee's Summit North

Girls Discus – Ruskin

Boys Pole Vault – Liberty

Girls Pole Vault – Raymore-Peculiar

Boys High Jump – Fort Osage

Girls High Jump – Lee's Summit

Boys Long Jump – Lee's Summit West

Girls Long Jump – Park Hill

Boys Triple Jump – Blue Springs

Girls Triple Jump – Park Hill South

Relay Zones (Must be a Coach)

4x200 1st and 3rd Blue Springs and Fort Osage

 2nd Ruskin and Kearney

4x100 1st Raymore-Peculiar and KC Central

 2nd Raytown South and Park Hill

 3rd Rockhurst and St. Joseph Central

Curve Judges (Must be a Coach)

SW – Truman SE – Raytown NE – Winnetonka NW – St. Joe

2011 Sectional Meet Rules

Entries: The official entry process is an online website, which a head coach must access at www.trxctiming.com. All district qualifiers information will be uploaded to the sectional managers. **At that time, it will be assumed that all qualifiers are declared to compete at the sectionals.** Therefore, coaches will only need to scratch athletes who will not be competing at sectionals and make changes to relay rosters. **These scratches and changes need to be done online by the head coach.**

Entry Deadlines: Once the entry deadline has passed, no additions can be made. From 4 p.m. on Monday, May 16 to 4 p.m. on Wednesday, May 18 (listed below), a coach may only scratch or make substitutions. Nor changes are permitted after Wednesday's 4 p.m. deadline.

Monday, May 16 at 4 p.m. – The deadline to enter relay names for Class 3-4 sectional meets.

Wednesday, May 18 at 4 p.m. – The deadline for finalizing entries for the sectional meet. Scratches in individual events and substitutions on relay teams can be made up to this time. **NO SUBSTITUTIONS shall be allowed in individual events.** All entries must have qualified from the district meet.

Scratches and Substitutions: At the coaches/scratch meeting prior to the meet, the coach may scratch an athlete from events entered without affecting his/her eligibility in other events. However it should be noted that each school's entries become final as of 4 p.m. on the Wednesday preceding the sectional meet, and although an athlete might be scratched in one or more individual events at the coaches meeting, any event from which an athlete is scratched SHALL COUNT as one of the four events in which that athlete may enter and/or participate in the meet. Coaches are requested to inform the manager of the meet if a competitor is not going to compete in a track and field event.

Once the coach/scratch meeting is completed, an athlete may still be scratched from an individual event without jeopardizing his/her eligibility to compete in any remaining events. However the athlete or his/her coach must report the scratch to the clerk of the course for a running event or the event judge for a particular field event. Failure to report the scratch in this manner will result in disqualification from all remaining events of the meet. NO SUBSTITUTIONS will be permitted in individual events at the coaches/scratch meeting. The Games committee shall deal with emergency situations.

Substitutions on Relay Entries: Please see MSHSAA track and field manual, page 5.

Equipment for all Competitors: Please see MSHSAA track and field manual, page 7.

Sectional Team Scoring: Beginning in 2010, the sectional meet shall be scored for team results; however, no team plaques or trophies will be awarded.

Qualifiers for State Meet: Please see MSHSAA track and field manual, page 8-9. There will be no state meet entry form to turn in. However, coaches shall have until 4 p.m. on the Monday prior to the state meet to enter/confirm relay names on the online entry website (www.trxctiming.com)

State Meet Deadlines:

Monday, May 23: Coaches need to update/confirm relay names on the online entry website by 4 p.m. Monday, May 24.

Wednesday, May 25: Deadline for finalizing entries for Class 3 & 4 state meets. Scratches in individual events and substitutions on relay teams can be made up to this time. No substitutions shall be allowed in individual events. All entries must have qualified from the sectional meet.

Sectional Meet Rules

Field Events:

1. Contestants in the field events shall report immediately when the event is announced. After being called for each trial, the contestant shall complete the trial within one minute. Exception: Contestants in the pole vault are allowed 1 ½ minutes. A competitor will be charged with an unsuccessful attempt if he does not complete his trial or indicate he is passing with the specified time limit.
2. All athletes are to report to the event referee prior to the start of competition. In the event it becomes necessary to hold up an event for an excused athlete, the suggested time limit for an excused field athlete will be 5-15 minutes as determined by the Games Committee (Reference National Federation Rule 3-2-3(o)).
3. All 8 competitors in the shot put, discus, triple jump and long jump events at sectional meets shall be administered in one flight. All 8 sectional competitors will compete together in reverse order of qualifications (district performances, not places) and be allowed four trials in each event.
4. All implements for throwing events must be weighed in between 10:30-11:45 a.m. in the photography bay area on the north side of the press box.
5. Contestants may use their own implements in competition provided they are inspected (including poles for the pole vault) and approved by the Head Field Event referee or Head Referee. Implements so approved shall be placed in a pool and may be used by all contestants. Contestants may warm-up with an over-weight implement.
6. Starting heights for the pole vault and high jump will be determined by the Games Committee prior to the start of the meet. The "continuing flight" procedure will be used in conducting the high jump (three alive) and the pole vault (five alive). Best jumpers will jump last.
7. Use of sticky materials or aerosols to improve the grip on implements (shot or discus) or on shoes will not be permitted.
8. Gloves are prohibited in the throwing events, pole vault, and relays.

Running Events:

1. No preliminaries will be held since all events have 8 competitors.
2. Heats will be drawn on the basis of place (first consideration) and times (second consideration) achieved at the district meets. Lanes will be assigned in accordance with National Federation Track and Field Rules, using the circle seed method.
3. All competitors shall wear shoes. No jewelry is permitted. Hats shall not be worn during competition. Single-colored unadorned headbands may be worn.
4. Schools must provide their own batons for relays.
5. **3/16" spikes or smaller only.**
6. A one-turn stagger will be used in the 800m, 1600m, and 3200m runs and the 4x800m relay.
7. Tape is prohibited on the track. Tennis balls may be used as markers on the track for relays.
8. First call for track events will be 20 minutes prior to the event. Second call will be 15 minutes prior to the event. Third and final call will be 10 minutes prior to the event. At final call, all athletes must be in the bullpen to obtain hip numbers and check in with the bullpen clerk. Those athletes will be escorted to the infield where they will have 10 minutes to warm up in the designated infield area.
9. All official times shall be FAT. Hand held times will be kept at the finish line as a backup to the camera system. If the camera system fails, then the hand held times shall be official.