

**West Plains Class 4 Sectional 3 Track Meet Time Schedule
May 21, 2011**

11:00 a.m. coaches Scratch meeting in the field house at north end of the track.

10:00-11:30a.m.. implements weighed and checked in at field house at north end of the track

Field Events:

12:00 p.m.

Boys Pole Vault Girls High Jump Girls Shot Put
Boys Discus Boys Triple Jump (east pit)

1:00 p.m.

Girls Long Jump (east pit)

2:00 p.m.

Boys High Jump Boys Shot Put Girls Discus
Girls Pole Vault Boys Long Jump (east pit)

3:00 p.m.

Girls Triple Jump (east pit)

Running Events:

Boys 4x800 relay	12:00 p.m.
Girls 4x800 relay	12:15 p.m.
Boys 110 m hurdles	12:30 p.m.
Girls 100 m hurdles	12:40 p.m.
Boys 100 m Dash	12:50 p.m.
Girls 100 m Dash	1:00 p.m.
Boys 4x200 m Relay	1:10 p.m.
Girls 4x200 m Relay	1:20 p.m.
Boys 1600 m Run	1:30 p.m.
Girls 1600 m Run	1:40 p.m.
Boys 4x100 m Relay	1:50 p.m.
Girls 4x100 m Relay	2:00 p.m.
Boys 400 m Dash	2:10 p.m.
Girls 400 m Dash	2:20 p.m.

OFFICIALS'/WORKERS' BREAKS

Boys 300 m Intermediate Hurdles	2:50 p.m.
Girls 300 m Low Hurdles	3:00 p.m.
Boys 800 m Run	3:10 p.m.
Girls 800 m Run	3:20 p.m.
Boys 200 m Dash	3:30 p.m.
Girls 200 m Dash	3:40 p.m.
Boys 3200 m Run	3:50 p.m.
Girls 3200 m Run	4:05 p.m.
Boys 4x400 m Relay	4:20 p.m.
Girls 4x400 m Relay	4:30 p.m.