

# MSHSAA Track and Field

## Double District Track Meet Schedule

### Field Events: Class 4 District 3 followed by Class 5 District 3

Note: Long Jump and Triple Jump, Class 4 and Class 5, will compete prelims together. Finals will compete separately, Class 4 first followed by Class 5.

<u>9:30 a.m.</u>	<u>9:30 a.m.</u>	<u>1:00 p.m.</u>	<u>1:00 p.m.</u>
B Pole Vault	G Long Jump	B High Jump	G Triple Jump
G High Jump	(2 hours)	B Shot Put	(2 hours)
G Shot Put	B Triple Jump	G Discus	B Long Jump
B Discus	(2 hours)	G Pole Vault	(2 hours)
G Javelin		B Javelin	

### Preliminary Running Events Class 4 followed by Class 5

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9:30	Girls	100 meter hurdles	Prelim
9:45	Boys	110 meter hurdles	Prelim
10:00	Girls	100 meter dash	Prelim
10:15	Boys	100 meter dash	Prelim
10:30	Girls	4X800 meter relay (C-3/4)	Final Box Alley
10:42	Boys	4X800 meter relay (C-3/4)	Final Box Alley
10:54	Girls	200 meter dash	Prelim
11:06	Boys	200 meter dash	Prelim
11:18	Girls	4X800 meter relay (C-5)	Final Box Alley
11:30	Boys	4X800 meter relay (C-5)	Final Box Alley

### Final Running Events Class 4 followed by Class 5

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11:50	Girls	100 meter hurdles	Final
11:55	Boys	110 meter hurdles	Final
12:00	Girls	100 meter dash	Final
12:05	Boys	100 meter dash	Final
12:10	Girls	4X200 meter relay	(Heats vs. Time)
12:24	Boys	4X200 meter relay	(Heats vs. Time)
12:38	Girls	1600 meter run	Box Alley Start
12:58	Boys	1600 meter run	Box Alley Start
1:18	Girls	4X100 meter relay	(Heats vs. Time)
1:30	Boys	4X100 meter relay	(Heats vs. Time)
1:45	Girls	400 meter dash	(Heats vs. Time)
2:00	Boys	400 meter dash	(Heats vs. Time)
2:15	Girls	300 meter hurdles	(Heats vs. Time)
2:30	Boys	300 meter hurdles	(Heats vs. Time)
2:45	Girls	800 meter run	Box Alley Start
2:58	Boys	800 meter run	Box Alley Start
3:11	Girls	200 meter dash	Final
3:17	Boys	200 meter dash	Final
3:23	Girls	3200 meter run	Box Alley Start
3:50	Boys	3200 meter run	Box Alley Start
4:15	Girls	4X400 meter relay	3 turn stagger Heats vs. Time
4:35	Boys	4X400 meter relay	3 turn stagger Heats vs. Time