

**CROSS COUNTRY DISTRICT and/or SECTIONAL
FACILITY INFORMATION SHEET FOR TRXC TIMING**

I am hosting (fill out all that apply):

Date of Meet: _____

Class: 2 District: 2
 Class: 3 District: 3
 Class: _____ Sectional: _____

Meet Director:

Jim Prahlow

Location of Meet:

Spanish Lake Park, St. Louis County, MO

Directions to Meet:

I-270 to North on Bellefontaine Rd.; Right on Spanish Pond;
Right on 2nd entrance to Park

Coaches Meeting Time:

9:15 am

Coaches Meeting Place:

Pavilion

Bus Parking:

Cardinal Care Lot

Concession Stand:

yes - pavilion (but only light concessions)

T-Shirt Sales:

yes - pavilion

Spectator Areas:

please stay off course markings!

Tents:

perimeter of football field; between pavilion/tennis courts
and parking

Locker Rooms/Restrooms:

Restrooms + porta-potties only

Medical Arrangements:

Trainer present 9:00 - 1:00

Time Schedule:

TIME	EVENT
<u>10:00am</u>	<u>Girls Class 3 Dist 3</u>
<u>10:35am</u>	<u>Girls Class 2 Dist 2</u>
<u>11:10am</u>	<u>Boys Class 3 Dist 3</u>
<u>11:45am</u>	<u>Boys Class 2 Dist 2</u>
_____	_____
_____	_____

Course Map:

Please attach a course map to your email.

Please return this form to TRXC Timing by OCTOBER 1, 2018:

denise@trxctiming.com

Please indicate Class and District/Sectional numbers in the subject line

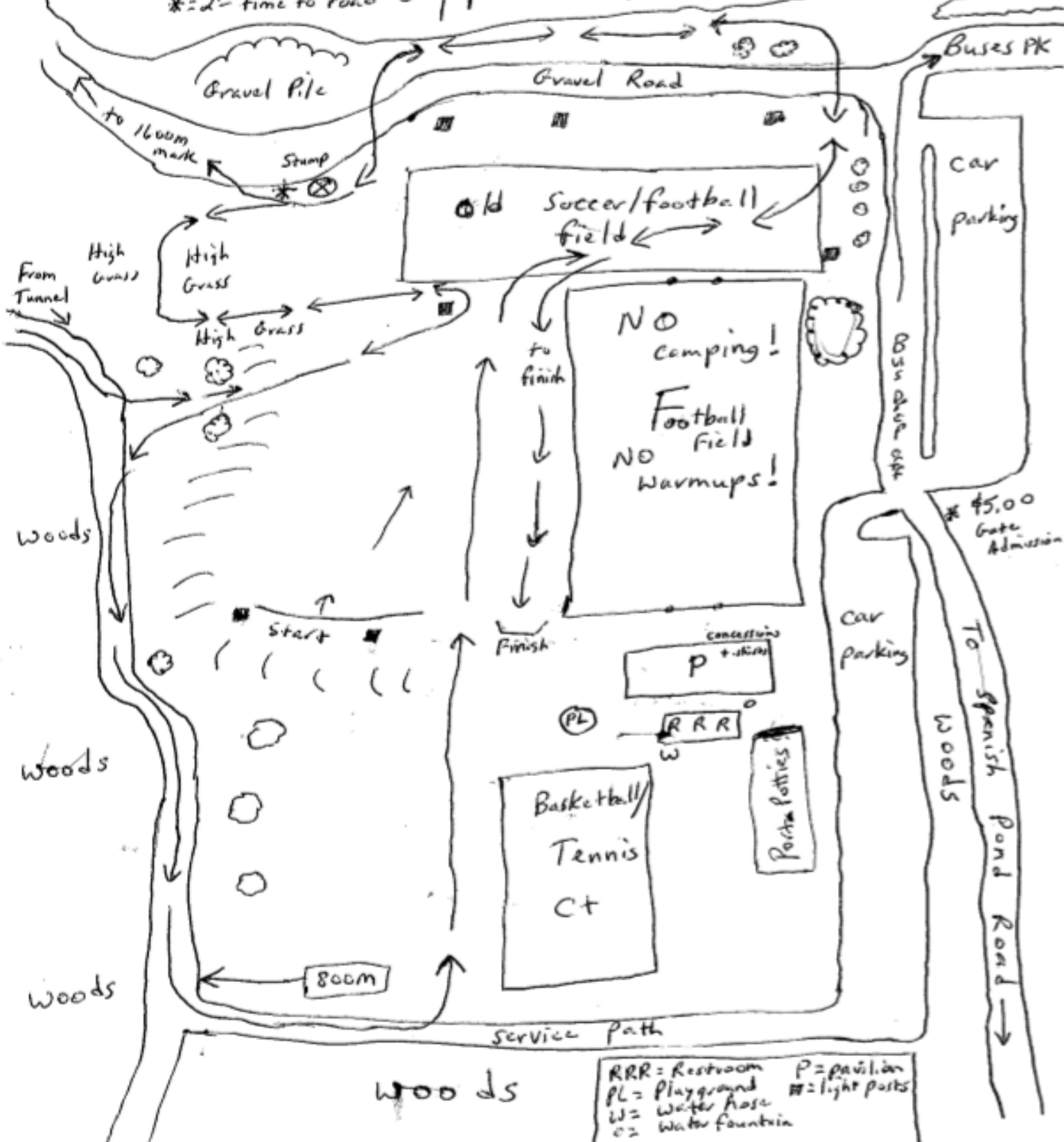
Please see maps below

2018

Upper Loop

1 1/2 loops counter clockwise
gravel road around lakes
1/2 loop clockwise

* = 400m
* = 2nd time to road



RRR = Restroom P = pavilion
 PL = Playground # = light posts
 W = water hose
 ☉ = water fountain

