

**CROSS COUNTRY DISTRICT and/or SECTIONAL  
FACILITY INFORMATION SHEET FOR TRXC TIMING**

I am hosting (fill out all that apply):

Date of Meet: \_\_\_\_\_

Class: 2 District: 2  
 Class: 3 District: 3  
 Class: \_\_\_\_\_ Sectional: \_\_\_\_\_

Meet Director:

Jim Prahlow

Location of Meet:

Spanish Lake Park, St. Louis County, MO

Directions to Meet:

I-270 to North on Bellefontaine Rd.; Right on Spanish Pond;  
Right on 2<sup>nd</sup> entrance to Park

Coaches Meeting Time:

9:15 am

Coaches Meeting Place:

Pavilion

Bus Parking:

Cardinal Care Lot

Concession Stand:

yes - pavilion (but only light concessions)

T-Shirt Sales:

yes - pavilion

Spectator Areas:

please stay off course markings!

Tents:

perimeter of football field; between pavilion/tennis courts  
and parking

Locker Rooms/Restrooms:

Restrooms + porta-potties only

Medical Arrangements:

Trainer present 9:00 - 11:00

Time Schedule:

TIME	EVENT
<u>10:00am</u>	<u>Girls Class 3 Dist 3</u>
<u>10:35am</u>	<u>Girls Class 2 Dist 2</u>
<u>11:10am</u>	<u>Boys Class 3 Dist 3</u>
<u>11:45am</u>	<u>Boys Class 2 Dist 2</u>
_____	_____
_____	_____

Course Map:

Please attach a course map to your email.

Please return this form to TRXC Timing by OCTOBER 1, 2018:

[denise@trxctiming.com](mailto:denise@trxctiming.com)

Please indicate Class and District/Sectional numbers in the subject line

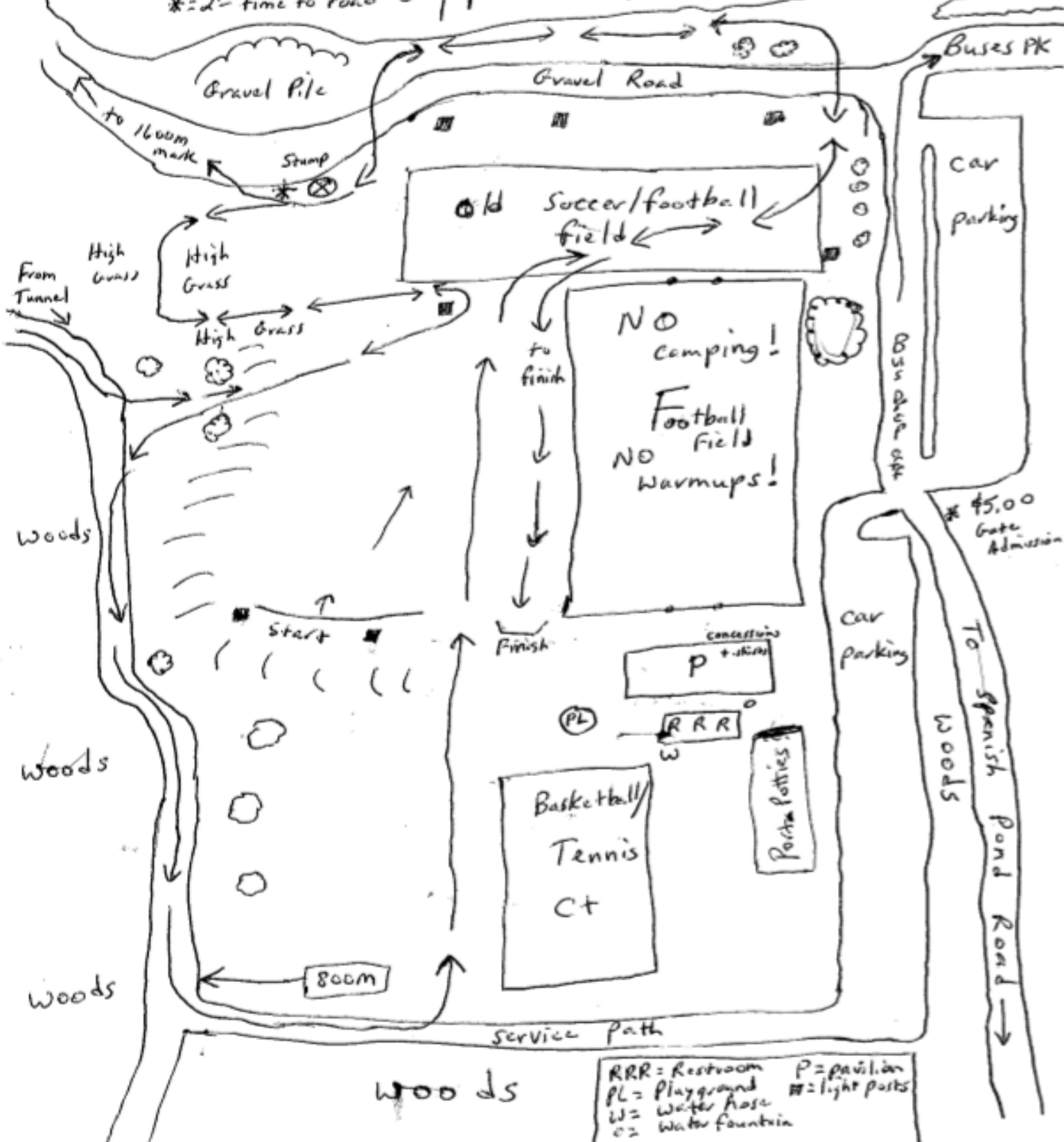
**Please see maps below**

2018

# Upper Loop

1 1/2 loops counter clockwise  
gravel road around lakes  
1/2 loop clockwise

\* = 400m  
\* = 2nd time to road



RRR = Restroom P = pavilion  
 PL = Playground # = light posts  
 W = water hose  
 f = water fountain

