



Ash Grove Relays

Friday, April 13, 2012

- Meet Director:** Dennis Whitehead – Dwhitehead@ashgrove.k12.mo.us
- Entries:** Entries are due by Wednesday, April 11 at 7:00 pm – [Online Entry Form](#)
- Scratches/Changes:** Coaches can manage their entries until Thursday, April 12 at 7:00 pm – [Scratches/Changes](#)
- Performance List:** [Performance List](#)
- Heat/Flight Sheets:** [Heat/Flight Sheets](#)
- Spikes:** ¼ inch only
- Tape:** No tape on runways, only chalk
- Spectator Areas:** Stadium seating on north and south side of track
- Medical:** Trainer will be on duty
- Entry Questions:** Rich Schilling – 314-522-6176 – rich@trxtiming.com